

Agent: Peter MacFarlane

## MEL WELLS

### Actress & Author

Mel Wells, actress is an actress, known for Hollyoaks; Dementamania and The Stazzi Studio. She also studied at the largest nutrition school in the world, The Institute of Integrative Nutrition in New York City, and is now a nutritionist and creator of *The Green Goddess Life*, an advocate for healthy living. *The Green Goddess Life* has been hugely successful and Mel has appeared in *Hello!*, *Cosmopolitan*, *Heat*, *Closer*, *New!* amongst others. She has also built up a large client list including celebrities, empowering them to quit dieting and transform their lifestyles.

Her first book, **THE GODDESS REVOLUTION** was published by Hay House in June 2016 and is developing it as a television show. Her second book **HUNGRY FOR MORE** is published on 10th July 2018 by Hay House.

In 2018 she returned to her career as an actress and has been taking classes with Bernard Hillier in Los Angeles.